



## ***A green day care centre***

At childcare centre 'De Regenboog' we provide children with a familiar, safe and secure environment from which they can discover the world. We believe that the children's autonomy is fundamentally important; therefore, the children's own intrinsic motivation is the pedagogical basis for us to assist them on their way to independence. This is symbolised by our beautiful and sustainable garden, which is a natural place where children can develop their own interests at their own speed. Our garden is where they learn to make choices and to trust their own inner compass.

Childcare centre 'De Regenboog' is located in a spacious building on Houtmankade surrounded by playing fields, and close to the Westerpark and Houthavens .

### *Autonomy is central*

At 'De Regenboog', autonomy is one of our core values. We think it is important that children are given the scope to discover new things themselves. Of course, this process involves trial and error, but ultimately it gives the children a great deal of confidence.

Our activities fit in with the children's development; during these activities we use themes such as imagination, movement, fairy tales, and water. We are assisted in our activities by visual artists, dancers, musicians and other experts. Usually we work on a theme for about two months, and then we round off the theme together with the children in a special and creative way.

As a parent, you can see what activities are planned for the children on each day. Moreover, there is a TV screen in the hall with photos and clips of the activities that the children have done. You can also find photos of the activities on the information boards in the rooms for the different groups.

### *Often outside*

'De Regenboog' has a spacious, natural garden, which we continuously develop further together with the parents. Being in the garden stimulates the children to play together and has positive effects on their imagination, as well as on their feelings of harmony and well-being. We take the children outside every day, both in pleasant and in rough weather. The children don't usually need any encouragement to start looking for insects and other small animals, plants, flowers and branches in the garden. Together with the children we plant seeds and care for these until they have grown into plants.

### *Our own cook*

At 'De Regenboog' we think that it is important what you eat, and this is why we eat healthy and organic food. Our own cook prepares the meals for our children with natural and fresh produce, which is mostly organic. It is also possible for us to serve vegetarian or halal meals.

### *Parent group*

We are always striving to improve our childcare centre and make it more beautiful. In these efforts we are supported by our active parent group. We think that it is very important that parents participate in this group, as it gives parents the opportunity to influence what is happening at our childcare centre. Dutch law states that parent groups have the right to give advice on several topics, for example the centre's educational policy, food, and health and safety. In addition to this more formal participation, the parent group plays an essential role in the organisation of parties and trips.

### *Our team*

Our team consists of 21 childcare workers, one manager and one cook. We are fortunate enough to have a mixture of very experienced and young employees. Some of our colleagues regularly follow workshops on natural gardens and they bring inspiration to the rest of the team, as well as the children and their parents. In the garden, all kinds of activities are organised in which both the children and their parents participate.

### *Practical information*

'De Regenboog' has three baby groups, each with 9 children aged 0 to 18 months, and four toddler groups, each with 13 children aged 18 months to 4 years. There are two professional childcare workers in each group.

Opening hours: 'De Regenboog' is open on work days from 7.30 AM to 6.30 PM.

You are very welcome to come and visit our childcare centre.  
Please contact our manager Pien Huijgens to arrange a visit.

M 06 12 86 15 04

E [p.huijgens@ijsterk.nl](mailto:p.huijgens@ijsterk.nl)

### *Enrolment*

You can enrol in our childcare centre via this website, by clicking the red square 'Enrolling directly' on the homepage.